

A REVOLUTION IN WOMEN'S BREAST HEALTH

We created a unique, patented supplement to give you relief from monthly breast discomfort and tenderness because we know you don't have time for pain.



EFFECTIVE RELIEF

FROM MONTHLY BREAST PAIN

Violet helps women get ahead of monthly pain and discomfort, find relief and proactively improve breast health.

OUR MISSION HEALTHY BREASTS FOR ALL WOMEN FOR LIFE

OUR MANIFESTO

I am a sister, a mother, a daughter, a friend,
a partner, a storyteller, a change maker, a rule
breaker, a founder of future generations.

I come in many beautiful shapes and sizes.

I am the heroine of my own story and
the author of my life.

I am responsible for holding up the sky and casting
the shadows aside.

I look fear in the face daily *and keep going.*

I support my girls and empower my sisters.

I believe that women will change the world
for the better.

I prioritize my health *and happiness* and walk away
from anything that doesn't serve me.

I believe that kind is cool.

I believe that time is a gift not given to everyone.

I don't believe everything I see on social media.

I am strong.

I am worthy.

I am more than enough.

I AM VIOLET.

DON'T LET BREAST PAIN STAND IN YOUR WAY



Get relief at violetdaily.com

Email us at hello@violetdaily.com

Please join us on social media @violetdailypill



www.violetdaily.com

WE ARE VIOLET

ONCE-A-DAY KEEPS BREAST PAIN **AWAY**



Violet is a daily supplement for the health of your breasts that relieves monthly period-related breast discomfort symptoms like tenderness, swelling, aches and heaviness.

Many women experience symptom relief within the first menstrual cycle, however, initial relief can take up to 60 days or longer, which is why Violet comes in a 60-pill packet.

With Violet, you're just 60 days away from a new normal, where breast pain doesn't get in the way of living life to the fullest.

WHAT ARE PMS BREASTS?

PERIOD-RELATED BREAST DISCOMFORT IS A REALITY FOR HALF OF WOMEN AGES 15-49

The tenderness, aches, swelling and heaviness you feel before (and often during) your period are real. These are symptoms of fibrocystic breasts, a condition many of us call "PMS breasts" because it coincides with other menstrual-related discomforts.

Some even experience acute pain caused by high levels of the hormones, estrogen and prolactin. Breast cells then build up month after month with each menstrual cycle. This buildup results in swollen breast tissue, which can develop into lumps and masses that put pressure on surrounding nerves. This is what causes the pain and discomfort that gets in the way of routine social activities, clothing selection, exercise, and yes, even sex.

Violet is designed to remove cyclical breast pain from the equation by treating the cause instead of the symptoms. Our patented formula combines two types of iodine, iodide and iodate, to help restore the natural balance.

Like a daily vitamin for your overall health, Violet is a daily supplement for the health of your breasts.

WE UNDERSTAND

YOU DON'T HAVE TIME FOR PAIN **EVERY. SINGLE. MONTH.**

You can begin taking Violet on any day during your cycle. Relief can be felt within 60 days.



HOW DOES MOLECULAR IODINE WORK?

Imbalanced hormones in the body – mainly progesterone, estrogen and prolactin – lead to too much breast cell growth, causing monthly pain and discomfort. Molecular iodine has been shown to regulate this imbalance naturally and ultimately helps alleviate the associated symptoms of breast tenderness, swelling, aches and heaviness, with the added bonus of long-term breast health when taken consistently.

Momentum is a beautiful thing. *Don't let breast pain stand in your way.*

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